

Huntington's Drop-in Session: Sailing!

Please join us for a Special HD Drop In: Sailing at Harbourfront! We will meet at Queen's Quay Disabled Sailing at **11:00 a.m.**: we will alternate sailing and lunch in groups of 10. Lunch will be next door at Swiss Chalet, either before or after sailing depending on your assigned group—we will confirm when you RSVP. Queen's Quay Disabled Sailing has staff and mechanical lifts available to accommodate all mobility levels, and PACE can provide staff at Swiss Chalet for meal assistance. There is no cost to participate, but space is limited. We can accommodate **20 participants in the boat: family/attendants are welcome to join us for lunch and socializing, but because space in the boat is limited it will be held for those with HD.** First-come, first-serve, so please RSVP quickly! Participants are responsible for their own transit to and from the venue.

When: Thursday Jul 20, 2017

Meeting Point (11:00 a.m.) Queen's Quay Disabled Sailing,
283B Queen's Quay West



Lunch: Swiss Chalet, 266 Queens Quay West



To attend please RSVP to:
Liz Quinn, Program Coordinator
at 416-656-0060 ext 304 or by email at lquinn@pace-il.ca