## Please join us for the November

Huntington's Drop In!



When: Thurs Nov 5, 12-3 Where: 1500 Keele St, 3<sup>rd</sup> Floor

Join us for a Yoga session (the session will be conducted in chairs if this is more comfortable for you), followed by a lasagna lunch!

Please contact Liz Quinn if you'd like to join us at 415-656-0060 ext 304, or <a href="mailto:liguinn@pace-il.ca">liguinn@pace-il.ca</a>

Hope to see you soon!