



COVID-19 RESPONSE UPDATE

TO: All PACE Clients and Staff
FROM: Laura Visser, Chief Executive Officer
DATE: Tuesday, November 24, 2020
SUBJECT: Toronto is in the COVID Grey “Lockdown” Category

As you are aware, Toronto is now in the grey “Lockdown” category of the province’s colour-coded COVID-19 Response Framework. These restrictions came into effect yesterday and are in place for at least 28-days. This means that having anyone that is not a member of your household in your home for a social visit – including family or friends – is discouraged. Anyone that lives alone may have exclusive contact with only one other household to help reduce the negative impacts of social isolation.

Tips to Prevent Spread

You are only to leave home when *absolutely necessary*- essential travel includes - groceries and other necessities, like medicine; healthcare appointments; exercise; school; child care; and going to work.

Please remember to continue to:

- Wear your mask or face covering in indoor public spaces or when you can’t keep physical distance;
- Proactively screen for symptoms; (It is important to identify infected individuals so they can stay away from others and seek appropriate care.)
- Practice physical distancing - keep two metres (six feet) distance from others; and
- Wash your hands often and thoroughly.
- Avoid touching your face with unwashed hands.
- Cover your cough or sneeze with your elbow or a tissue. Immediately throw the tissue in the garbage and wash your hands.
- Clean and disinfect frequently touched objects and surfaces.

I want to once again thank all PACE clients for the steps you are taking to keep yourself and PACE staff healthy and safe and I thank each PACE team member for your contributions, individually and in partnership with the team, to help ensure we that we are able to continue to safely support PACE clients.