












Paula Cassin Learning Centre – Day Programs
Fall Programs: Sept 30th, 2025 – Dec 27th, 2025

The Paula Cassin Learning Centre
 300 New Toronto Street – Unit #1
 Etobicoke, ON M8V 2E8

Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise (Virtual and in Person) 10:00-11:00 	Breakfast Outing (In person only) 10:30 – 11:30 	Arts and Crafts (In person only) 10:00 – 11:00 	Exercise (Virtual and in person) 10:00-11:00 	Exercise (Virtual and in person) 10:00 – 11:00 
Let's Play Cards 11:15-12:15 (In Person) 				
Lunch 12:30 – 13:30				Lunch 11:30 – 12:30
Multi Activity (In person and virtual) 13:30 – 14:30 	Vegetarian Cooking (Virtual and in Person) 13:30 – 14:30 	World Mythology (Virtual and in person) 13:30 – 14:30 	Cooking (Virtual and in Person) 13:30 – 14:30 	Game Day (In Person) 12:30 – 14:30 
				Drop In 12:30 – 14:30 (In Person) 