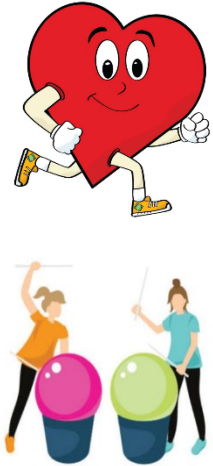










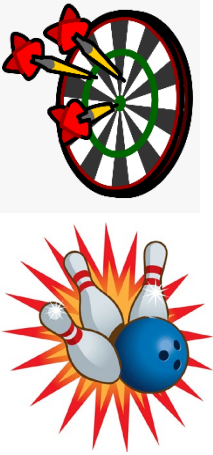


Paula Cassin Learning Centre – Day Programs
Spring Programs: July 5th 2022 – October 1st 2022

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Exercise/Drum Fit 10:00 to 11:00</p> 	<p>Learn to Draw Cartoon Characters (Virtual) 9:30 to 10:30</p>  <p>Computer Hour 9:30 to 10:30</p> 	<p>Cooking 10:00 to 11:00</p> 	<p>Chair Yoga 10:00 to 11:00</p> 	<p>Zumba 10:00 to 11:00</p>  <p>Fun and Games 10:00 to 11:00</p> 
Afternoon Sessions				
<p>Arts and Crafts 13:30 to 14:30</p>  <p>CRAFT TIME</p> <p>Virtual Movies 13:00 to 15:00</p> 	<p>Discovering Toronto 12:00 to 15:00</p> 	<p>Movies 13:00 to 15:00</p> 	<p>Darts/Bowling 13:00 to 15:00</p> 	<p>BINGO 13:30 to 14:30</p> 