Please join us for our

Huntington's Drop In

We meet every two months. Contact Liz Quinn at 416-656-0060 for specific dates and topics!

Anyone with Huntington's is welcome to attend (family members are also encouraged join us!).

We bring in guest speakers based on your interest. Topics to come include: yoga, naturopathy, and the ODSP Special Diet Allowance. We always provide a light meal, our famous smoothies, and good company!

Please contact Liz Quinn at 415-656-0060 (or email <u>lquinn@pace-il.ca</u>) for more information, or if you're planning on attending our next get-together! We hope to see you soon!